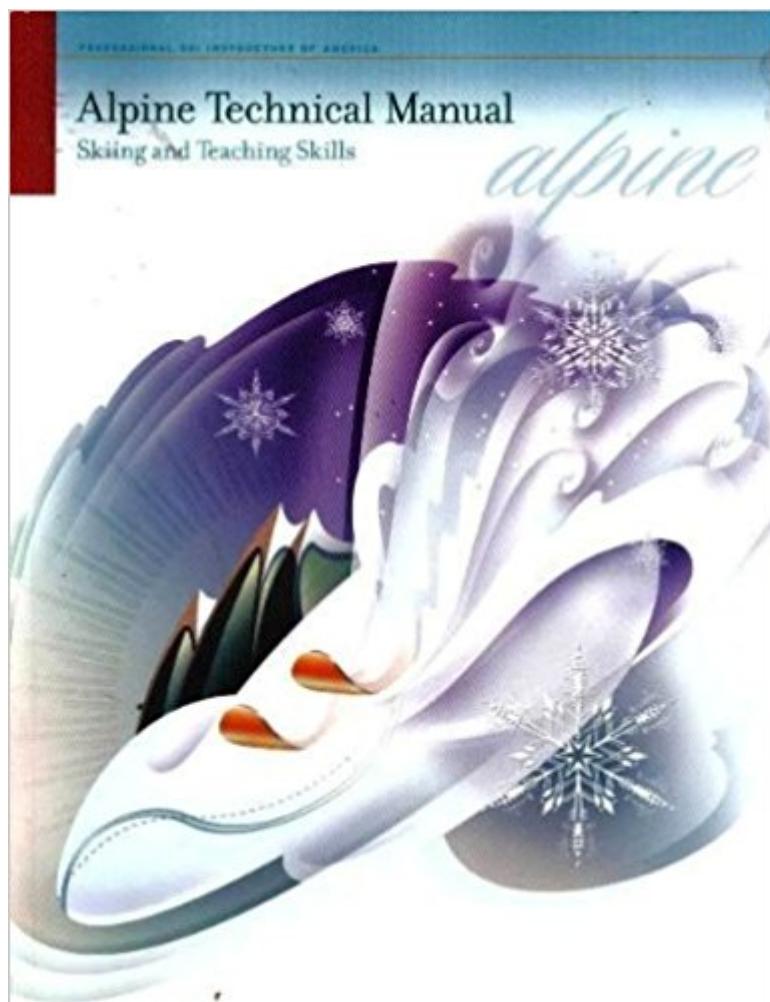


The book was found

# Alpine Technical Manual: Skiing And Teaching Skills



## Synopsis

A companion to Core Concepts for Snowsports Instructors, this manual addresses the fundamental PSIA concepts for alpine skiing, including stepping stones and the skills concept. Lesson planning, teaching practices, movement mechanics, and ski performance are all covered. It incorporates features of American skiing, ski performance, movement analysis, skier zones, slope etiquette, and boot alignment issues. Skiing drills, lesson tips, and beautiful skiing photos in full color are designed to boost your teaching expertise, letting both you and your students enjoy the process of learning. 8 x 11". 92 pages.

## Book Information

Paperback: 76 pages

Publisher: Professional Ski Instructors of America (2002)

Language: English

ISBN-10: 1882409221

ISBN-13: 978-1882409228

Product Dimensions: 10.7 x 8.2 x 0.3 inches

Shipping Weight: 1.6 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,637,470 in Books (See Top 100 in Books) #65 in Books > Sports & Outdoors > Outdoor Recreation > Skiing > Downhill #1571 in Books > Sports & Outdoors > Winter Sports

[Download to continue reading...](#)

Alpine Technical Manual: Skiing And Teaching Skills Technical Skills for Alpine Skiing Coaching  
Volleyball Technical and Tactical Skills (Technical and Tactical Skills Series) Utah: The Complete  
Ski and Snowboard Guide: Includes Alpine, Nordic, and Telemark Skiing & Other Winter Sports  
Alpine and Freestyle Skiing (Winter Olympic Sports) How I Ski: Expert Alpine Skiing Demystified! Be  
Fit to Ski: The Complete Guide to Alpine Skiing Fitness Alpine Skiing: Outdoor Adventures  
Backcountry Skiing Utah, 2nd (Backcountry Skiing Series) For the Love of Skiing: A Visual History  
of Skiing The Physics of Skiing: Skiing at the Triple Point Teaching Cross-Country Skiing  
CHATTER: Small Talk, Charisma, and How to Talk to Anyone (The People Skills, Communication  
Skills, and Social Skills You Need to Win Friends and Get Jobs) Satellite Basics For Everyone: An  
Illustrated Guide to Satellites for Non-Technical and Technical People Conversationally Speaking:  
WHAT to Say, WHEN to Say It, and HOW to Never Run Out of Things to Say (Communication

Skills, Social Skills, Small talk, People Skills) Everyday Charisma: Techniques for Mass Appeal, Charm, and Becoming a Social Powerhouse (Social Skills, Communication Skills, People Skills Mastery) Vocational & Technical Schools West: More Than 2,300 Vocational Schools West of the Mississippi River (Peterson's Vocational & Technical Schools & Programs: West) Vocational & Technical Schools - East: More Than 2,600 Vocational Schools East of the Mississippi River (Peterson's Vocational & Technical Schools & Programs: East) Profitable Horse Race Betting: Technical Analysis: Technical Analysis Using Stock Market Techniques Technical Communication 11e & LaunchPad for Technical Communication 11e (Six Month Access)

[Dmca](#)